

2003 Health and Preventive Practices Status Report

from Missouri County-level Study



Lincoln County**

	County Prevalence (%)*	St. Louis Metro Region Prevalence (%)*	State Prevalence (%)*
G eneral			
Health Status (Fair or Poor)	17.4	14.1	16.9
No Health Coverage	5.4 L	9.6	12.3
B ehavioral Risk Factors			
Physical Inactivity	16.4	17.7	23.0
Current Smoker	24.8	26.6	26.5
Overweight (BMI 25-29.9)	40.5	33.7	35.3
Obese (BMI ≥ 30)	14.2 L	20.4	23.4
D isease and Conditions			
High Blood Pressure	26.9	29.2	28.5
High Cholesterol (35 years or older)	35.6	33.7	37.3
Asthma	8.8	9.1	10.7
Diabetes	8.5	7.7	7.2
Activity Limitation	19.2	16.0	17.8
C ancer Screening			
Women			
Never had a Mammogram	6.8 L	9.4	13.4
No Mammogram or Clinical Breast Exam in Last Year:			
40-49 years of age	58.3	47.4	49.4
50-64 years of age	32.6	27.3	35.9
65 and older	25.1	39.6	47.4
Never had a Pap Test:			
18-69 years of age	0.2 L	7.2	5.1
70 and older	6.4	3.3	6.4
No Pap Test in Last Year (18-29)	9.8	30.7	25.8
No Pap Test in Last 3 Years (30-69)	3.5 L	15.5	13.8
Men and Women 50 Years or Older			
Blood Stool Test:			
Never had a Blood Stool Test	63.3	61.7	57.0
No Blood Stool Test in Last Year	80.0	77.0	77.5
Sigmoidoscopy/Colonoscopy			
Never had a Sigmoidoscopy or Colonoscopy	57.2	45.2	49.2
No Sigmoidoscopy or Colonoscopy in Past Five Years	65.4	50.9	57.0

*Prevalence rates are age adjusted to the 2000 U.S. standard population

■ indicates that the prevalence rate is not significantly above or below state prevalence

■ H indicates that the prevalence rate is significantly above the state prevalence

■ L indicates that the prevalence rate is significantly below the state prevalence

Unless otherwise noted respondents are 18 years of age or older

** The best indicators for Lincoln county were obtained by combining data from Lincoln, St. Charles and Warren counties.